

# Molecular, Cellular & Tissue Biomechanics

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**Goal:** Develop a *fundamental* understanding of biomechanics over a wide range of length scales.

## MOLECULAR MECHANICS

- I Biomolecules and intermolecular forces
- II Single molecule biopolymer mechanics
- III Formation and dissolution of bonds
- IV Motion at the molecular/macromolecular level

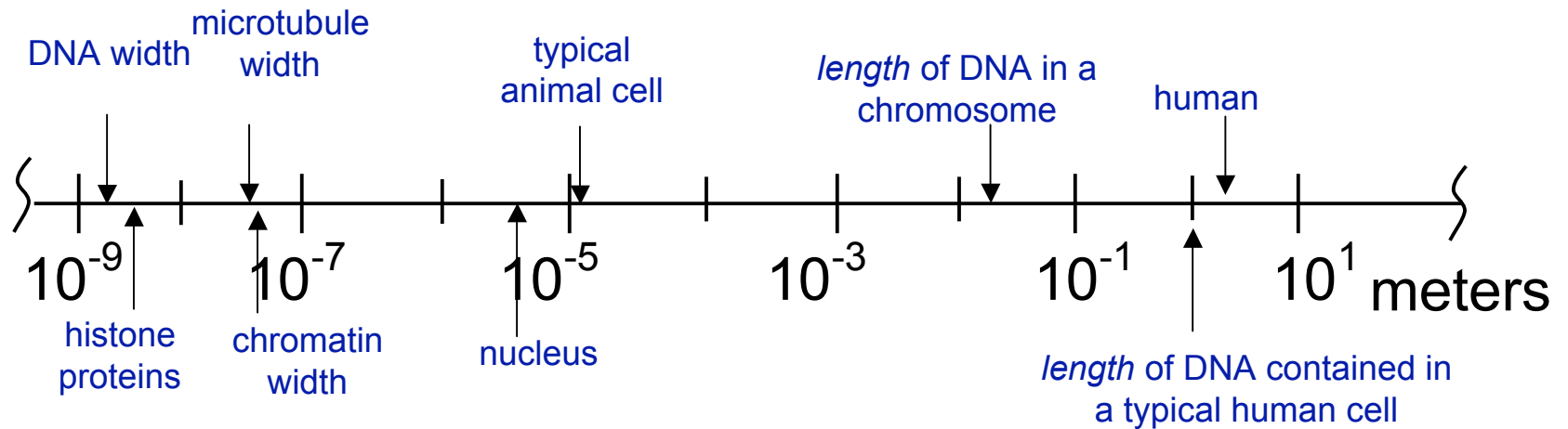
## TISSUE MECHANICS

- I Molecular structure --> physical properties
- II Continuum, elastic models (stress, strain, constitutive laws)
- III Viscoelasticity
- IV Poroelasticity
- V Electrochemical effects on tissue properties

## CELLULAR MECHANICS

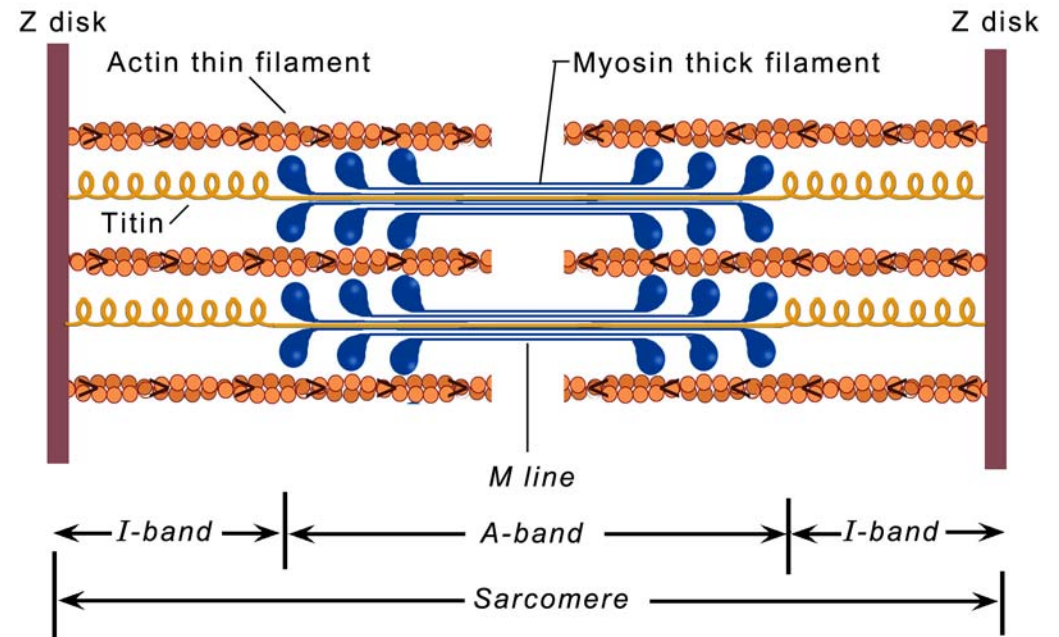
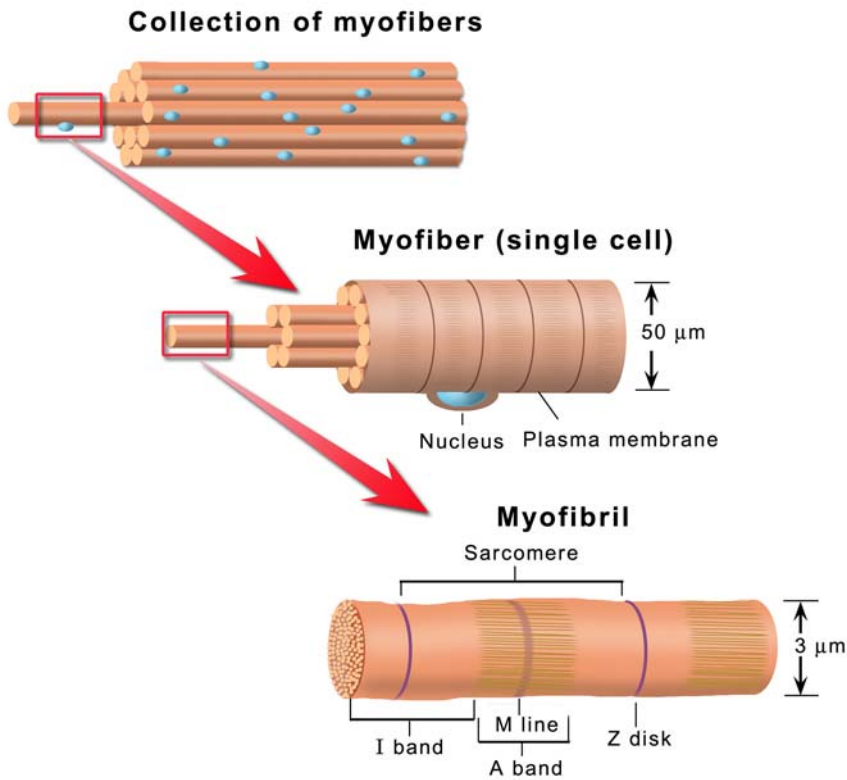
- I Structure/function/properties of the cell
- II Biomembranes
- III The cytoskeleton
- IV Cell adhesion and aggregation
- V Cell migration
- VI Mechanotransduction

# Typical Length Scales in Biology



*Similar spectra exist in time scales or energy scales.*

# Muscles: Spanning from Macro to Nano



Actin: semiflexible polymer  
Myosin: molecular motor  
Titin: resting elasticity

# Macro-scale applications

108 bpm

72 bpm

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copyright considerations.

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copyright considerations.

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copyright considerations.

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copyright considerations.

## Cardiovascular mechanics

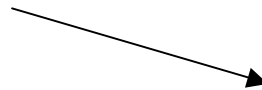
Computational fluid  
mechanics used to study  
shear stresses in the  
carotid artery

Peak flow

Maximum  
deceleration

# ...or tissue stresses in the wall of a diseased vessel

Image removed due to copyright considerations.



Computational  
mesh for finite  
element  
analysis

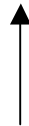


Image removed due to copyright considerations.

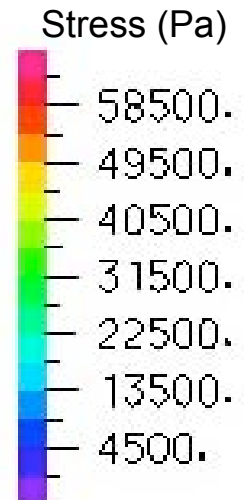
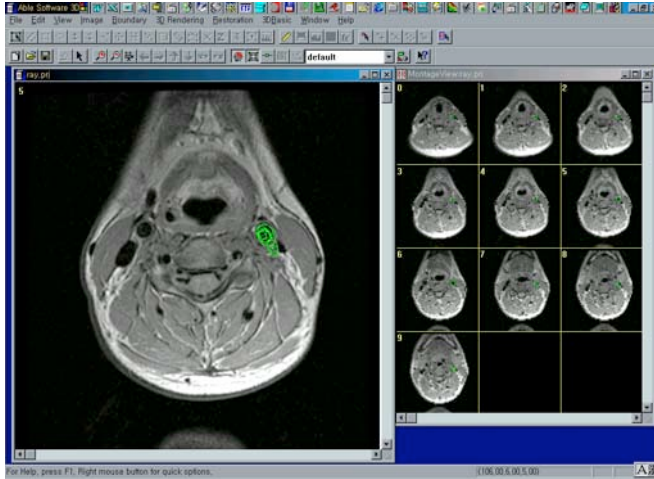


Image removed due to copyright considerations.

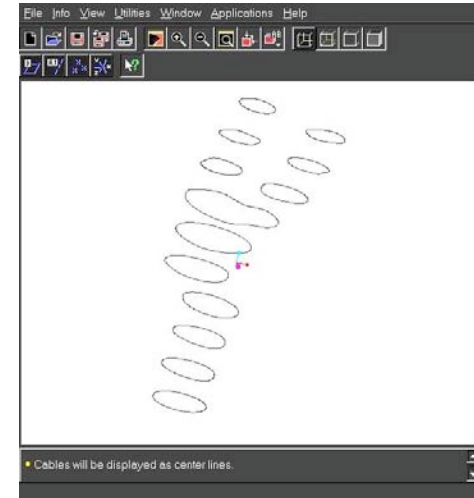
Histological  
section obtained  
from surgery

## MRI images



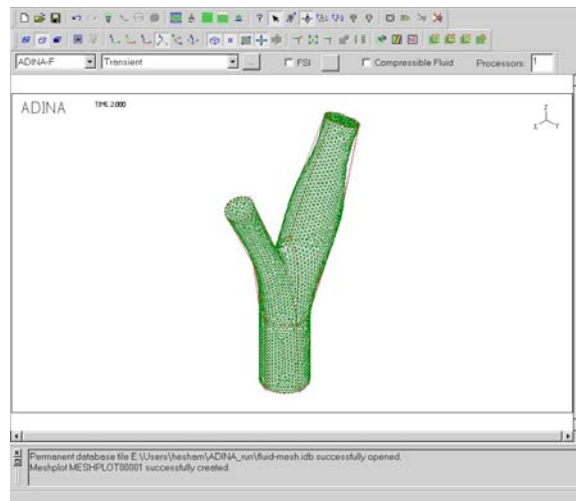
Boundary data (x,y,z)

## Vessel cross-sections



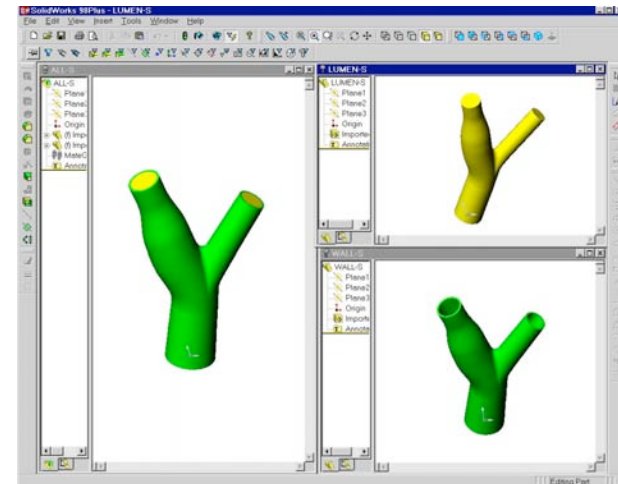
IGES boundary : Quilting / Knitting

## Finite element mesh



ParaSolid Model

## 3D model



# Modeling Complex Material Properties □

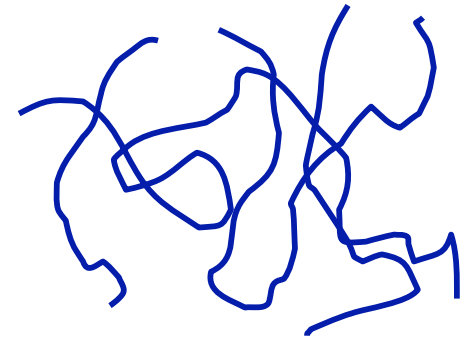
Continuum

Microstructural □

*bending plate*



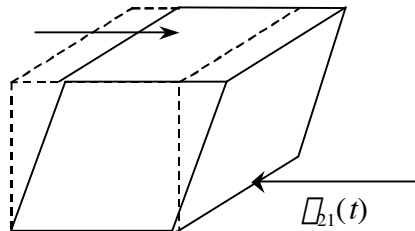
*entangled polymer*



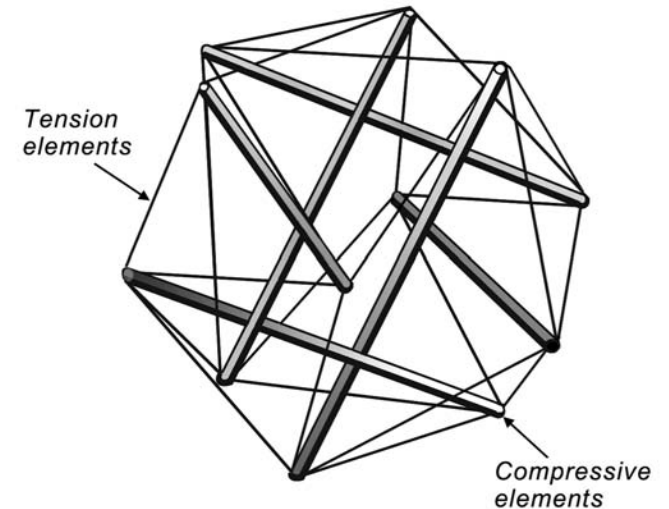
Constitutive relations and  
force balance



*Viscoelastic or poroelastic  
solid*

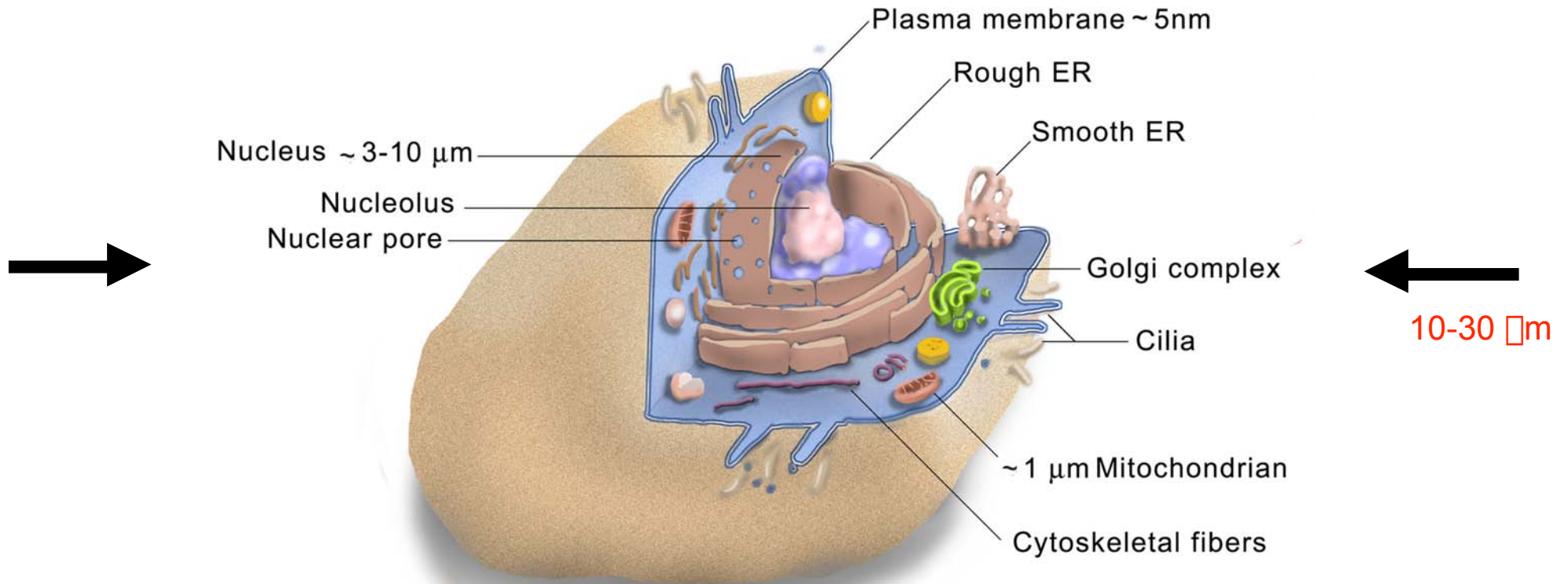


*strut model*





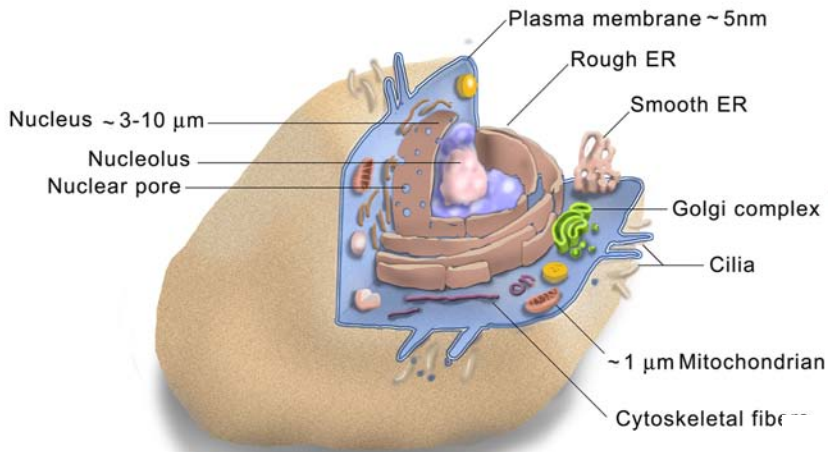
# Typical Eukaryotic Cell



1 μm =  $10^{-6}$  m  
1 nm =  $10^{-9}$  m  
1 Å =  $10^{-10}$  m

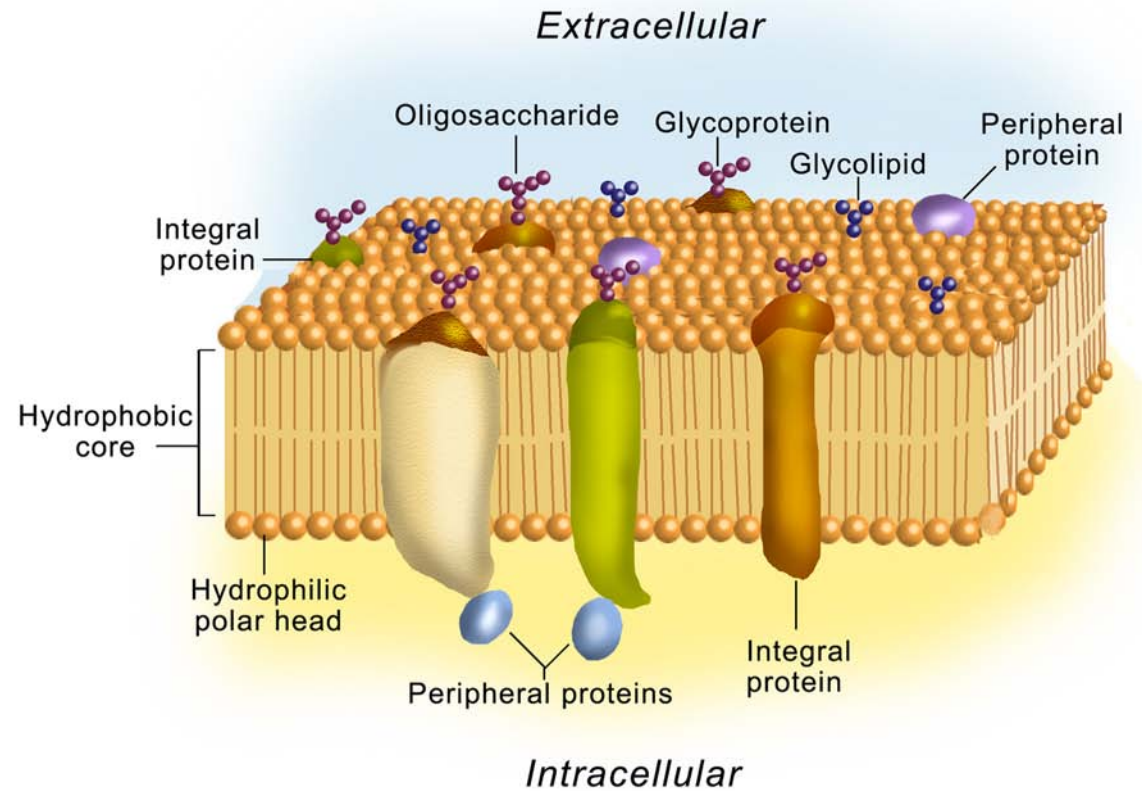
# Plasma Membrane □

## Plasma Membrane

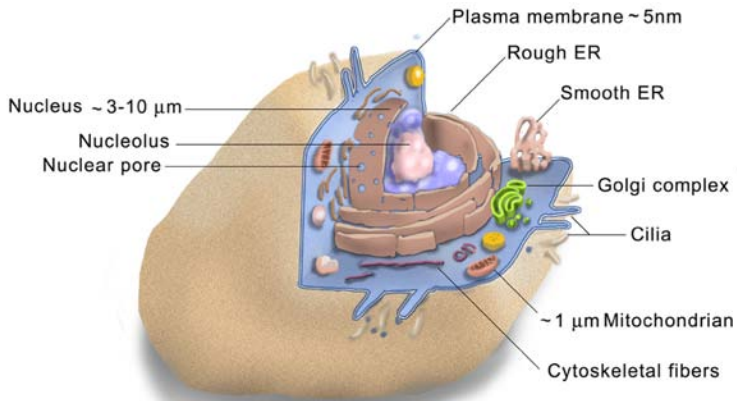


*2-D Elastic Plate*

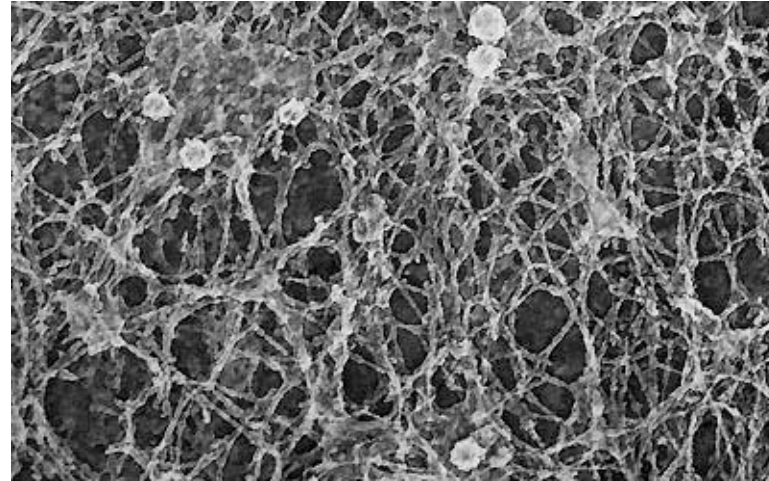
~5 nm



# Cytoskeleton □



Cytoskeletal  
fibers

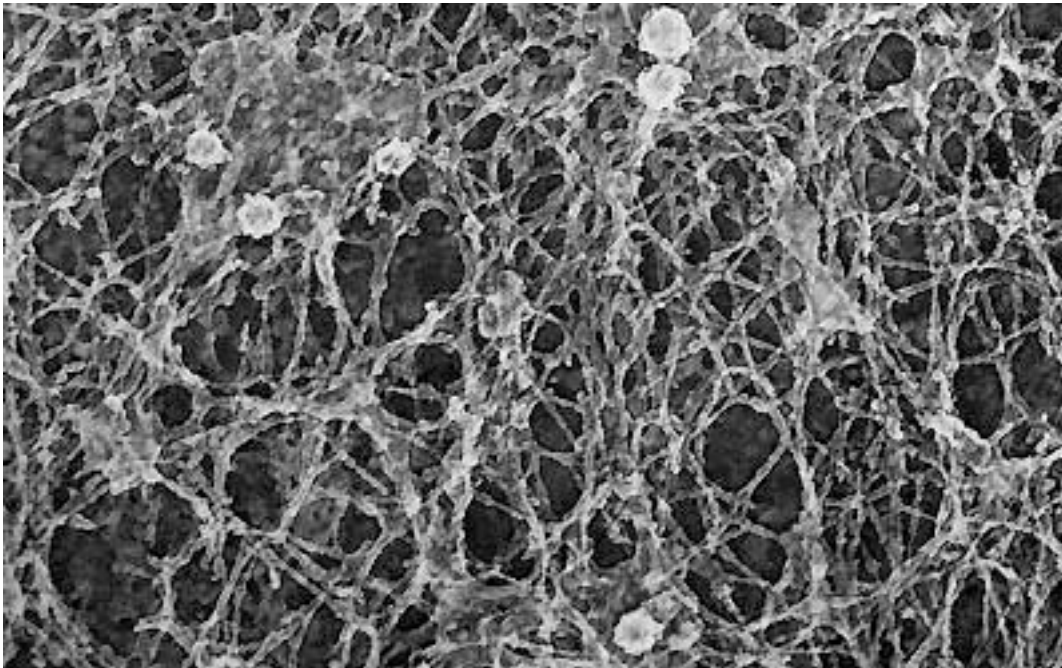


TEM cytoskeleton photograph, J. Hartwig, Harvard University.  
Courtesy of J. Hartwig. Used with permission.

	Diameter (nm)	Persistence Length (□m)
actin	6-8	15
microtubule	10	60,000 □
intermediate filament	20-25	1-3

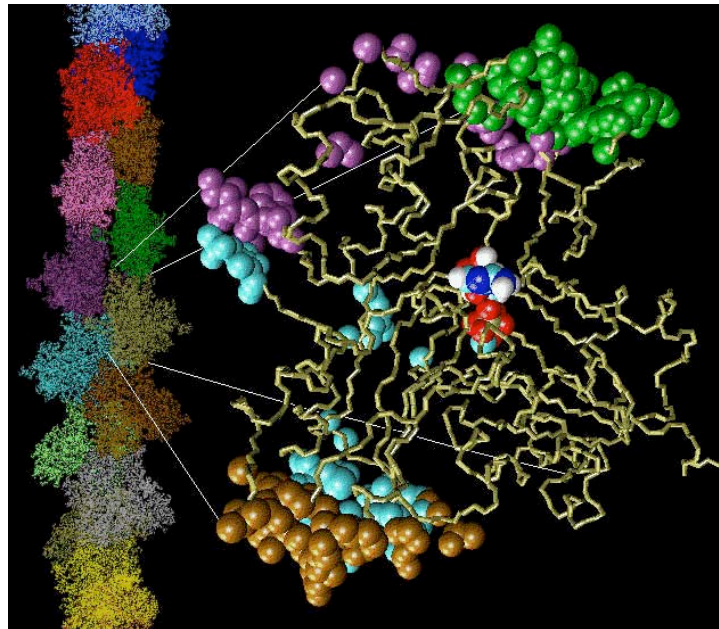
*“rigidity”*  
↙





TEM cytoskeleton photograph, J. Hartwig, Harvard University.  
Courtesy of John Hartwig. Used with permission.

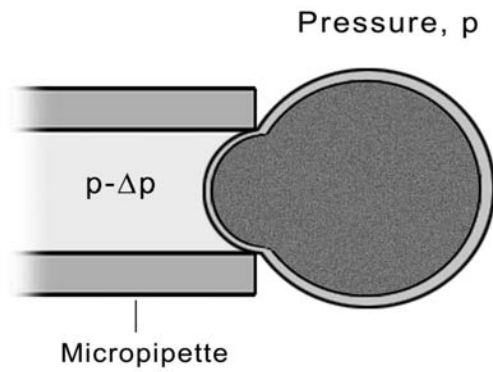
When stressed, cells form stress fibers, mediated by a variety of **actin-binding proteins**.



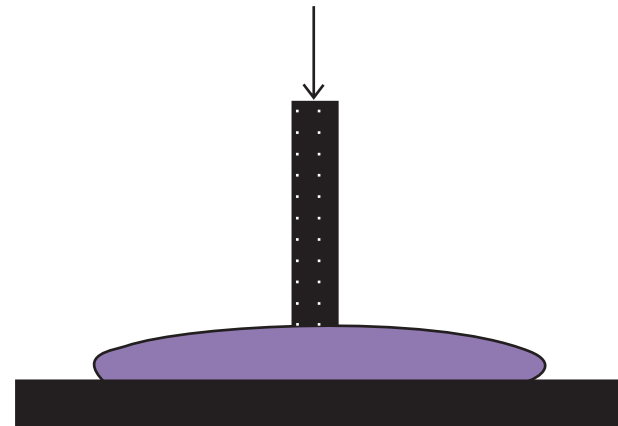
Structure of actin. □  
Image courtesy of Dr. Willy Wriggers.  
Used with permission. □

# Measuring Complex Material Properties

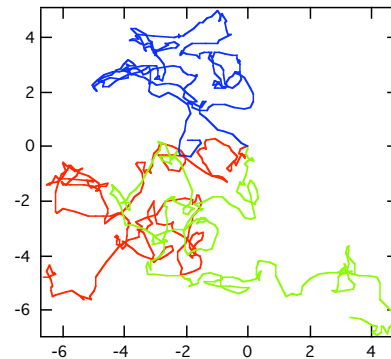
## Aspiration



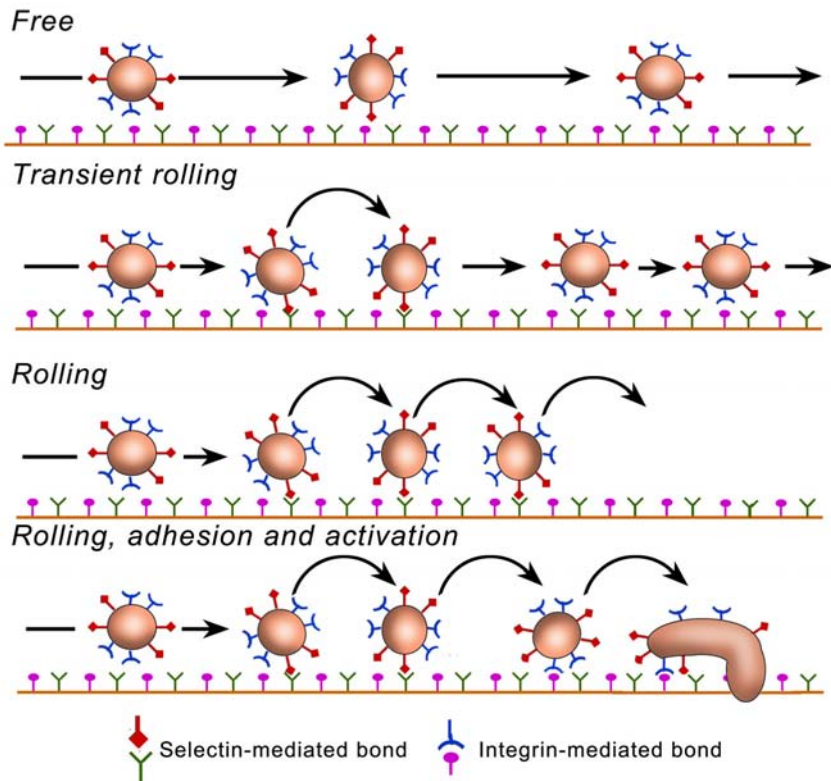
## Cell Poking



## Thermal tracers



# Cell Adhesion □



Physical forces effect bond association/dissociation

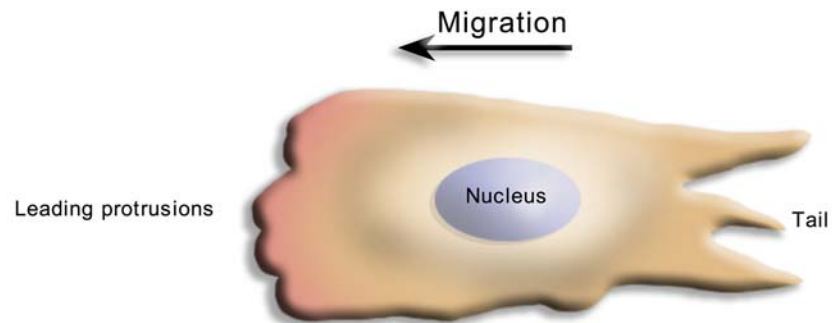
Finite contact times

Cell deformation

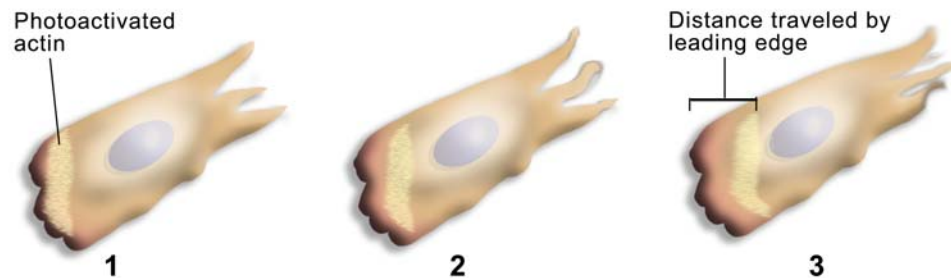
After Orsello, Lauffenburger and Hammer, 2001.

# Dynamic Processes: Cell Migration

Cell Motility



Fluorescently marked actin



- Actin is a polymer
- The cytoskeleton is active
- Coordinated processes: adhesion, (de-) polymerization

# Active Cell Contraction

Frame: 00009930

Magnet: -X OFF I



Cardiac myocyte (Jan Lammerding)

Courtesy of Jan Lammerding, Harvard Medical School. Used with permission.



# Cytoskeletal Mechanics Probed by External Force

Image removed due to copyright considerations.

Fibroblast with fluorescent mitochondria forced by a magnetic bead

D. Ingber, P. LeDuc

# Mechanotransduction: Hair cell stimulation

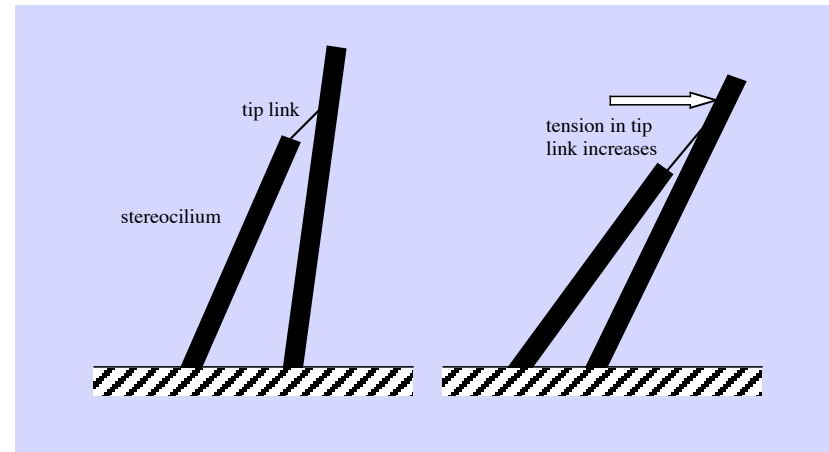


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copyright considerations.

SEM of the  
stereocilia on the  
surface of a single  
hair cell (Hudspeth)

Image removed due to  
copyright considerations.

Tension in the tip  
link activates a  
stretch-activated  
ion channel, leading  
to intracellular  
calcium ion  
fluctuations.

## Molecular dynamics simulation of channel regulation by membrane tension

Images removed due to copyright considerations.

See Figures 1 and 9 in Gullingsrud, Justin, Dorina Kosztin, and Klaus Schulten.

"Structural Determinants of MscL Gating Studied by Molecular Dynamics Simulations."

*Biophys J*, Vol. 80, No. 5 (May 2001), p. 2074-2081.

<http://www.biophysj.org/cgi/content/full/80/5/2074>

*But other evidence suggests that the pore  
increases to >20 angstroms!*

# Steered molecular dynamics of fibronectin

Images removed due to copyright considerations.

See Figures 2 and 3 in Gao, Mu, David Craig, Viola Vogel, and Klaus Schulten.

"Identifying unfolding intermediates of FN-III10 by steered molecular dynamics."

Journal of Molecular Biology, 323:939-950 (2002).

Constant  
applied force =  
500 pN

Unfolding has  
been thought to  
be important in  
exposing buried  
cryptic binding  
sites.

# The Orders of Magnitude in DNA Organization

Image removed due to copyright considerations.  
Diagram showing range of size magnitudes,  
from metaphase chromosome (1400 nm) down to  
short region of DNA double-helix (2 nm).

## Compaction of a stretched DNA after histones are introduced.

Image removed due to copyright considerations.

See Figure 1 in Ladoux, B., P. Doyle et al.

"Fast kinetics of chromatin assembly revealed by single-molecule  
videomicroscopy and scanning force microscopy."

Proc Natl Acad Sci U S A. 97(26):14251-6 (2000 Dec 19).

# Dynamic Processes: Molecules

Single T4-phage  
DNA in solution



Doyle Group

Stretching a Single DNA

Image removed due to  
copyright considerations.

Bustamante 1996

- Thermal forces are important ( $kT/ 1 \text{ nm} \sim 4 \times 10^{-12} \text{ N}$ )
- Entropic & enthalpic effects
- Generic/specific mechanical responses
- Single molecule experiments are possible

# Motor Proteins

Mechanochemical (Enzyme) *Engines*  
ATP hydrolysis->conformation change

Rotary Motor ( $F_0F_1$ )

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copyright considerations.

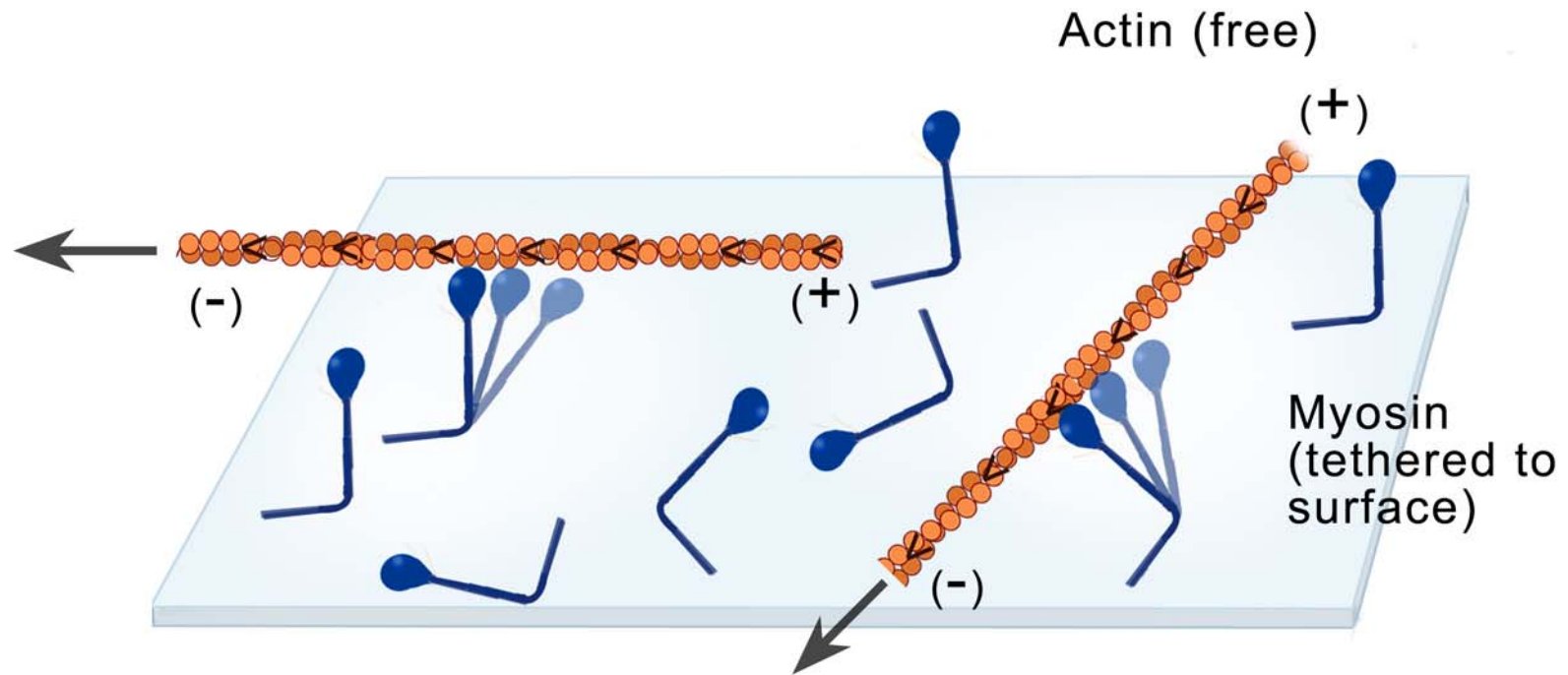
Yanagida 1999

Linear Motor Myosin II

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copyright considerations.

↑  
Actin filament

# Motor Proteins





# Reoccurring Themes in Biomechanics

- Multiple length/time/energy scales
- Polymers play an important role
- Thermal energy is important
- Interplay of chemical, electrical, mechanical interactions
- Quantitative (single molecule) experiments

# Molecular, Cellular & Tissue Biomechanics

*Biology is soft, wet & dynamic*

## Using Engineering/Physics to Unravel & Manipulate Biology

- Scaling arguments
- Mechanical models (polymer physics)
- Experimental techniques
- Importance of the stochastic nature of biology

# Readings

*There is no single text which covers all of this material !*

Texts:

Y. C. Fung, **Biomechanics: Mechanical Properties of Living Tissues**, 2<sup>nd</sup> Edition, Springer -Verlag, 1993R.

Nossal and L. Lecar, **Molecular and Cellular**

**Biophysics**, Wiley, 1990.H. Lodish, D. Baltimore, L.

Zipurksy, P. Matsudaira, **Molecular Cell Biology**, 1996.

K. Dill and S. Bromberg, **Molecular Driving Forces**,  
2003

Manuscript Drafts:

P.C. Nelson, Biological Physics: Energy, Information Life

A. Grodzinsky, R. Kamm, L. Mahadevan: BEH 410

Research Articles:

Posted/linked on the web

Notes:

Periodically posted